

Specialty Tracks

MISA/Dual Diagnosis

Dual diagnosis refers to those who are living with mental illness & substance abuse disorders simultaneously, and unless they are treated together, one condition may worsen while the other improves. Treatment includes:

- Relapse Prevention Planning
- Identification of triggers & coping skills
- Motivational Interviewing
- Educating on Disease Model of addiction
- 12 step education & support through Bridging the Gap
- Mindfulness
- Spirituality
- Refusal skills

LGBTQ

Being an adolescent is not easy in today's society. Being an adolescent who identifies as LGBTQ is even more difficult. For those struggling with depression, anxiety, trauma or any other mental illness, it is necessary to find a socially safe environment where you can be yourself without fear of judgment. Because an environment like this is difficult to find for adolescents who identify as LGBTQ, we provide a safe space to explore one's identity.

Inpatient Services

97 Inpatient psychiatric beds for youth ages 3-17.

Lincoln Prairie is committed to providing youth with passionate treatment that encourages self responsibility & personal growth.

We provide treatment to children & adolescents that present with a broad range of psychiatric & behavioral concerns. A clinically skilled multi disciplinary team works to partner with the youth & family to accomplish their goals in a supportive & therapeutic environment.

Your child will be provided a safe, nurturing & comfortable setting that fosters growth to empower them to accomplish their goals. We are able to accommodate a diverse population through a continuum of care.

Lincoln Prairie Behavioral Health Center

Inpatient Program Specialty Tracks





Treatment Goals

Increase individual coping skills

Improve day to day functioning at home, school, work & in the community

Provide specific education to each individual that will help them deal with the issues of their presenting problems

To assist each child and their family in identifying & utilizing community resources in their area.



Who may benefit from Inpatient Services?

Individuals who may be facing one or a combination of the following problems:

Relationship Issues

Abuse Issues

Difficulties with Family or Peers

ADHD

Trauma Related Symptoms

Sadness or Depression

Aggression & Oppositional Behaviors

Substance Abuse

Anxiety