



We Can Help

Call 217-585-1180

No-cost assessment available 24/7



If you or your loved
one is in crisis,
Call 217-585-1180


*We provide no-cost assessments
24 hours a day,
seven days a week.*



LINCOLN PRAIRIE

BEHAVIORAL HEALTH CENTER

5230 S. Sixth Street Rd,
Springfield, Ill 62703
lincolnprairiebhc.com

Find us on 

Physicians are on the medical staff of Lincoln Prairie Behavioral Health Center, but, with limited exceptions, are independent practitioners who are not employees or agents of Lincoln Prairie Behavioral Health Center. The facility shall not be liable for actions or treatments provided by physicians. Model representations of real patients are shown. Actual patients cannot be divulged due to HIPAA regulations. For language assistance, disability accommodations and the non-discrimination notice, visit our website. 203622-5268 11/20

Inpatient Program Specialty Tracks



LINCOLN PRAIRIE

BEHAVIORAL HEALTH CENTER

“ It was very different than I expected, I felt comfortable from day one. Wasn’t just therapy, it was family.”

*Anonymous
Former Patient*

MISA/Dual Diagnosis

“Dual diagnosis” refers to those who are living with mental illness and substance use disorders simultaneously. Unless they are treated together, one condition may worsen even if the other improves. Treatment includes:

- Relapse prevention planning
- Identification of triggers and coping skills
- Motivational interviewing
- Education on the Disease Model of Addiction
- 12-step education and support through Bridging the Gap
- Mindfulness
- Spirituality
- Refusal skills



LGBTQ+

Being an adolescent is not easy today. Being an adolescent who identifies as LGBTQ is even more difficult. For those struggling with depression, anxiety, trauma or any other mental illness, it is necessary to find a socially safe environment where you can be yourself without fear of judgment. Because an environment like this is difficult to find for adolescents who identify as LGBTQ, we provide a safe space to explore one’s identity.

Inpatient Services

97 Inpatient psychiatric beds for youth ages 3 to 17.

Lincoln Prairie is committed to providing youth with compassionate treatment that encourages self-responsibility and personal growth.

We provide treatment to children and adolescents who present with a broad range of psychiatric and behavioral concerns. A clinically skilled, multi-disciplinary team works to partner with the youth and family to accomplish their goals in a supportive and therapeutic environment.

Your child will be provided a socially safe, nurturing and comfortable setting that fosters growth and empowers them to accomplish their goals. We are able to accommodate a diverse population through a continuum of care.



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Treatment Goals



- Increase individual coping skills
- Improve day-to-day functioning at home, school, work and in the community
- Provide specific education to each individual that will help them deal with the issues of their presenting problems
- To assist each child and their family in identifying and utilizing community resources in their area

Who may benefit from Outpatient Services?

Individuals who may be facing one or a combination of the following problems:

- Relationship issues
- Abuse issues
- Difficulties with family or peers
- ADHD
- Trauma-related symptoms
- Sadness or depression
- Aggression and oppositional behaviors
- Substance use
- Anxiety